

# FEBRUARY 2014



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>27</b> 7:30 Mable Dean Walkers 8:30 Yoga 9-2:30 I &A 10:00 Line Dancing 2:00 P.D.C.E. 2:30 Youth After School 4:00 Senior Meals	<b>28</b> 8:30-9:30 Stretch/Tone 9-2:30 I &A 9-3 TCE 9:30-10:30 Eat to Live 2:30 Youth After School 4:00 Senior Meals	<b>29</b> 7:30 Mable Dean Walkers 9-2:30 Veterans Quality of Life Network 2:30 Youth After School 4:00 Senior Meals	<b>30</b> 9-2:30 I &A 9:00 DOI TV 9-2:30 Veterans Quality of Life Network 2:30 Youth After School 4:00 Senior Meals	<b>31</b> 8:30-9:45 Stretch/Tone 9-2:30 I &A 9:00 Painting Class 10:00 Line Dancing 2:00 P.D.C.E. 2:30 Youth After School 4:00 Senior Meals 6:00 Friday Movie Night	<b>1</b> Intergeneration Crafts 9:30 – 12 noon 11 – 2 pm Project 10 Challenge 2pm -5pm How to Eat to Live
<b>3</b> 7:30 Mable Dean Walkers 8:30 Yoga 9-2:30 I &A 10:00 Line Dancing 2:00 P.D.C.E. 2:30 Youth After School 4:00 Senior Meals	<b>4</b> 8:30-9:30 Stretch/Tone 9-2:30 I &A 9-3 TCE 9:30-10:30 Eat to Live 2:30 Youth After School 4:00 Senior Meals	<b>5</b> 7:30 Mable Dean Walkers 9-2:30 Veterans Quality of Life Network 2:30 Youth After School 4:00 Senior Meals	<b>6</b> 9-2:30 I &A 9:00 DOI TV 9-2:30 Veterans Quality of Life Network 2:30 Youth After School 4:00 Senior Meals	<b>7</b> 8:30-9:45 Stretch/Tone 9-2:30 I &A 9:00 Painting Class 10:00 Line Dancing 2:00 P.D.C.E. 2:30 Youth After School 4:00 Senior Meals 6:00 Friday Movie Night 3pm – 7pm Organic Food CoOp Pickup	<b>8</b> Intergeneration Crafts 9:30 – 12 noon 11 – 2 pm Project 10 Challenge 2pm -5pm How to Eat to Live
<b>10</b> 7:30 Mable Dean Walkers 8:30 Yoga 9-2:30 I &A 10:00 Line Dancing 2:00 P.D.C.E. 2:30 Youth After School 4:00 Senior Meals	<b>11</b> 8:30-9:30 Stretch/Tone 9-2:30 I &A 9-3 TCE 9:30-10:30 Eat to Live 2:30 Youth After School 4:00 Senior Meals	<b>12</b> 7:30 Mable Dean Walkers 9-2:30 Veterans Quality of Life Network 2:30 Youth After School 4:00 Senior Meals	<b>13</b> 9-2:30 I &A 9:00 DOI TV 9-2:30 Veterans Quality of Life Network 2:30 Youth After School 4:00 Senior Meals	<b>14</b> 8:30-9:45 Stretch/Tone 9-2:30 I &A 9:00 Painting Class 10:00 Line Dancing 2:00 P.D.C.E. 2:30 Youth After School 4:00 Senior Meals 6:00 Friday Movie Night	<b>15</b> Intergeneration Crafts 9:30 – 12 noon 11 – 2 pm Project 10 Challenge 2pm -5pm How to Eat to Live
<b>17</b> 7:30 Mable Dean Walkers 8:30 Yoga 9-2:30 I &A 10:00 Line Dancing 2:00 P.D.C.E. 2:30 Youth After School 4:00 Senior Meals	<b>18</b> 8:30-9:30 Stretch/Tone 9-2:30 I &A 9-3 TCE 9:30-10:30 Eat to Live 2:30 Youth After School 4:00 Senior Meals	<b>19</b> 7:30 Mable Dean Walkers 9-2:30 Veterans Quality of Life Network 2:30 Youth After School 4:00 Senior Meals	<b>20</b> 9-2:30 I &A 9:00 DOI TV 9-2:30 Veterans Quality of Life Network 2:30 Youth After School 4:00 Senior Meals	<b>21</b> 8:30-9:45 Stretch/Tone 9-2:30 I &A 10:00 Line Dancing 2:00 P.D.C.E. 2:30 Youth After School 4:00 Senior Meals 6:00 Friday Movie Night	<b>22</b> Intergeneration Crafts 9:30 – 12 noon 11 – 2 pm Project 10 Challenge 2pm -5pm How to Eat to Live

<p><b>24</b></p> <p>7:30 Mable Dean Walkers        8:30 Yoga        9-2:30 I &amp;A        10:00 Line Dancing        2:00 P.D.C.E.        2:30 Youth After School        4:00 Senior Meals</p>	<p><b>25</b></p> <p>8:30-9:30 Stretch/Tone        9-2:30 I &amp;A        9-3 TCE        9:30-10:30 Eat to Live        2:30 Youth After School        4:00 Senior Meals</p>	<p><b>26</b></p> <p>7:30 Mable Dean Walkers        9-2:30 Veterans Quality of Life Network        2:30 Youth After School        4:00 Senior Meals</p>	<p><b>27</b></p> <p>9-2:30 I &amp;A        9:00 DOI TV        9-2:30 Veterans Quality of Life Network        2:30 Youth After School        4:00 Senior Meals</p>	<p><b>28</b></p> <p>8:30-9:45 Stretch/Tone        9-2:30 I &amp;A        10:00 Line Dancing        2:00 P.D.C.E.        2:30 Youth After School        4:00 Senior Meals        6:00 Friday Movie Night  <b>Food Coop order Due</b></p>	<p><b>1</b></p> <p>Intergeneration Crafts        9:30 – 12 noon        11 – 2 pm        Project 10 Challenge        2pm -5pm How to Eat to Live</p>
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